

| Day | Centre | Status |
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| Monday | Salvation Army | 11.00 am to 1pm for food parcels. |
| | Kettering Muslim Association, 123 The Headlands | Donations and food parcels available in the afternoon 12.30 - 1.30pm and 2.45 - 4.10pm |
| Tuesday | Salvation Army | 11am to 1pm for food parcels. |
| | Highfields Community Centre | 11.00 – 12.00. Food parcels, when stock available. Donations if poss. |
| | Kettering Food Bank. Unit B, The Courtyard, Market Street opposite Mental Monkey Cafe | Open 10.00 – 13.00. Call or text 07709 741353 to request food parcel. |
| | The Shack Food Project, Grange Resource Centre | 09.30-12.00 for food parcels. Donations if possible. |
| | Green Patch Food Table. Valley Walk, Kettering NN16 0LU | Open 10.00 – 15.00. Free produce, mainly bread, some fresh food. Donation box available |
| | Kettering Muslim Association, 123 The Headlands | Donations and food parcels available in the afternoon 12.30 - 1.30pm and 2.45 - 4.10pm |
| Current | St Edward's RC Church Hall, London Road | Open 4pm – 6pm, sit in, soup and a hot meal, tea and cakes |
| From 03.01.23 | St Edward's RC Church Hall, London Road | Open 3pm – 5pm, sit in, soup and a hot meal, tea and cakes. |
| Wednesday | Kettering Food Bank. Unit B, The Courtyard, Market Street opposite Mental Monkey Cafe | Open 10.00 – 13.00. Call or text 07709 741353 to request food parcel. |
| | The Shack Food Project, 10 Lower Street, Kettering | 10.00am –2pm Donations if possible |
| | Kettering Muslim Association, 123 The Headlands | Donations and food parcels available in the afternoon 12.30 - 1.30pm and 2.45 - 4.10pm |
| Thursday | Salvation Army | 11am to 1pm for food parcels. |
| | Green Patch Food Table. Valley Walk, Kettering NN16 0LU | Open 09.30 – 14.00. Get there before 11.00. Free produce. Donation box available |
| | Highfields Community Centre | 11.00 – 12.00. Food parcels, when stock available. Donations if poss. |
| | The Shack Food Bank Project. 10 Lower Street, Kettering | 10.00am – 2pm Donations if possible |
| | Kettering Muslim Association, 123 The Headlands | Donations and food parcels available in the afternoon 12.30 - 1.30pm and 2.45 - 4.10pm |
| | St Peter & St Paul Church Hall | Hot food takeaways and hot drinks, 3pm to 5pm. |

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| | Kettering Food Bank. Unit B, The Courtyard, Market Street opposite Mental Monkey Cafe | Open 11.00 – 12.30. Call or text 07709 741353 to request food parcel. |
| Friday | The Shack Food Bank Project. 10 Lower Street, Kettering | 10.00am – 2pm Donations if possible |
| | Kettering Muslim Association, 123 The Headlands | Donations and food parcels available in the afternoon 12.30 - 1.30pm and 2.45 - 4.10pm |
| | Grange School, Jean Road. Entrance through nurse's gate | Warm space 09.30 – 4pm including free lunch, tea, coffee etc Must arrive by 11.00am to book free lunch |
| Saturday | Johnny's Happy Place, Rockingham Road. | Open 10.00 – 14.00 for Food Share, teas, coffees, rolls and cakes in the garden. £1 for a meal and £1 for a pudding. |
| | Kettering Food Bank. Unit B, The Courtyard, Market Street opposite Mental Monkey Cafe | Open 10.00 – 13.00. Call or text 07709 741353 to request food parcel. |
| Sunday | Johnny's Happy Place, Rockingham Road | Open 11.00 – 14.00 for Food Share, teas, coffees, rolls and cakes in the garden. £1 for a meal and £1 for a pudding. |
| | Outside Highfields school | 11.00 – 12.00. Food parcels, when stock available. Donations if poss. |
| | Midland Language Seva Society. By the clock tower, Gold Street. | Hot take away vegetarian food at 5pm. |
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| All week | Accommodation Concern | Office is open for appointments and food parcels. Call 01536 416560 or email help@a-c.org.uk |

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| Saturday 17 December | Johnny's Happy Place, Rockingham Road | Free Christmas Lunch. Two sittings, 11am and 1pm. Booking is Essential |
| Sunday 18 December | Johnny's Happy Place, Rockingham Road | Free Christmas Lunch. Two sittings, 11am and 1pm. Booking is Essential |